

16th November 2024										
ROOM	9:00-10:00 PLENARY	10:00-11:45 SESSION	11:45-12:00	12:00-13:00 SESSION	13:00-14:00	14:00-15:15 SESSION	15:15-15:30	15:30-16:45 SESSION	16:45-17:00	17:00-18:00 PLENARY
<b>Room 1</b> IOE Jeffrey Hall	Joe Oliver  Back to the Future: Exploring the history of ACBS UK and Ireland to strengthen community belonging and purpose.	Skills Class  Uncovering the process and practice of "Creative Hopelessness"  Rikke Kjølgaard	<b>COFFEE TEA</b>	Panel Discussion  Should there be an accreditation process for ACT practitioners?  Richard Bennett, Dawn Johnson, Jim Lucas, Alison Pocock, Jennie Spain	<b>LUNCH</b>	Skills Class  Be More Tree: How a flexible mind can help you thrive  Ross White	<b>COFFEE TEA</b>	Skills Class  Amplify your ACT Practice with Compassion Focused Therapy  Jim Lucas, and Sarah Benkwitz	<b>BREAK</b>	Naoko Kishita  Caring for Carers: Internet-Delivered Self- Help Acceptance and Commitment Therapy for Family Carers of People Living with Dementia (iACT4CARERS)
		Skills Class  The Game of Values: Working therapeutically with values using personal memoirs  Vasilis Vasilou, Stavroula Sanida		Panel Discussion  ACT in Sport: a context like/unlike any other?  Ray Owen, Tom Cowdale, Chris Hartley, Lydia Thompson, Ross White		Skills Class  Revisiting committed action: nurturing connections across the Hexaflex  Richard Bennett, Thorvald Andersen		Skills Class  The Extended Evolutionary Meta Model, Process Based Therapy and Single Case Experimental Design  Alison Stapleton, Joseph Lavelle, Orla Moran		
		Symposium  Building Brighter Futures Through Contextual Behavioural Science: Applications with Youth Populations in Schools.  Duncan Gillard, Sarah Cassidy, Owen Cogan, Alison Stapleton, Corinna Grindle, Ben Sinclair		Skills Class  The Ecological Self - eSAC: Embodying a 'self as context' sufficiently accommodating for addressing the multiple global crises of the unravelling socio-economic world order  Martin Wilks, Margo Osorio		Symposium  Innovations in Theory-Based Application of Acceptance and Commitment Therapy  Connor McCloskey, Alison Stapleton, Cara Lefroy, Christina Seery		Symposium  Extending contextual understandings of paranoia and mindfulness-based interventions for psychosis: findings from basic and translational research  Eric Morris, Jess Kingston, Louise Johns, Lyn Ellett		

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Room 1 IOE Jeffrey Hall	Jessica Kingston  Using Contextual Behavioural Processes to Enhance life meaning, wellbeing, and trust, inside and outside the clinic.	Skills Class  Building Interoceptive Awareness as a Foundation of Effective ACT Interventions  Jennifer Kemp	COFFEE TEA	Panel Discussion  Nurturing ACT therapists and supervisors: what can we learn from supervision?  Eric Morris, Sally Bradley, Aisling Leonard-Curtin, Em Perera, Jim Lucas	LUNCH	Risca Soloman  Using Contextual Behaviour Science everywhere, all at once: Applying RFT to all levels of an interdisciplinary therapy service.	COFFEE TEA	Skills Class  Using metaphor in group settings, within contextual behavioural therapy  Sandro Voi, NiklasTörneke	BREAK	Skills Class  Swimming with the tide of your emotions: Teaching children to tune into their own cycles with sensitivity and value  Sarah Cassidy, Alison Stapleton
		Symposium  Digital Interventions curated symposium  Alanko, Czupała, Rawsthorne, Meadows, Chiara, Finucane		Panel Discussion  Bravery and Honesty: How to (or not to) talk around body image issues  Selen Ozbek, Francesca Brandolin, Rikke Kjølgaard, Dawn Johnson				Symposium  Innovations in ACT curated symposium  Whitfield, Rasanan, Kierans, Dowling, Gallego, Brosh		Skills Class  Functional Analytic Psychotherapy (FAP): A Process-Based Approach using Intense and Curative Therapeutic Relationships to Create Emotional and Interpersonal change.  Tien Kuei, Kelsey Wiemer
		Symposium  Practice and innovation in services for people with Intellectual Disabilities  Jonathan Williams, Sam Walker, Mark Oliver, Lauren Pettitt		Symposium  Beyond pain alleviation and into Stigma: Tackling the societal harms of pain using CBS approaches  Vasilis Vasilou, Whitney Scott				Symposium  Psychological Flexibility Across Contexts: Insights from Acceptance and Commitment Therapy Interventions in the Workplace and Educational Settings  Arianna Prudenzi, Yass Rad, Francesca Brandolin, Sari Harenwall, Ross McIntosh		Symposium  CBS and Artificial Intelligence (AI): Research, technology and ethics of modelling RFT in silico  Freddy Jackson Brown, Dave Cowell, Ben Cosh, Mark Oliver, Nathan Duran