

| 16th November 2024 | | | | | | | | | | |
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| ROOM | 9:00-10:00 PLENARY | 10:00-11:45 SESSION | 11:45- 12:00 | 12:00-13:00 SESSION | 13:00- 14:00 | 14:00-15:15 SESSION | 15:15- 15:30 | 15:30-16:45 SESSION | 16:45- 17:00 | 17:00-18:00 PLENARY |
| Room 1 IOE Jeffrey Hall | Joe Oliver Back to the Future: Exploring the history of ACBS UK and Ireland to strengthen community belonging and purpose. | Skills Class Uncovering the process and practice of "Creative Hopelessness" Rikke Kjelgaard | COFFEE TEA | Panel Discussion Should there be an accreditation process for ACT practitioners? Richard Bennett, Dawn Johnson, Jim Lucas, Alison Pocock, Jennie Spain | LUNCH | Skills Class Be More Tree: How a flexible mind can help you thrive Ross White | COFFEE TEA | Skills Class Amplify your ACT Practice with Compassion Focused Therapy Jim Lucas, and Sarah Benkwitz | BREAK | Naoko Kishita Caring for Carers: Internet-Delivered Self- Help Acceptance and Commitment Therapy for Family Carers of People Living with Dementia (iACT4CARERS) |
| | | Skills Class The Game of Values: Working therapeutically with values using personal memoirs Vasilis Vasilou, Stavroula Sanida | | Panel Discussion ACT in Sport: a context like/unlike any other? Ray Owen, Tom Cowdale, Chris Hartley, Lydia Thompson, Ross White | | Skills Class Revisiting committed action: nurturing connections across the Hexaflex Richard Bennett, Torval Anderson | | Skills Class The Extended Evolutionary Meta Model, Process Based Therapy and Single Case Experimental Design Alison Stapleton, Joseph Lavelle, Orla Moran | | |
| | | Symposium Building Brighter Futures Through Contextual Behavioural Science: Applications with Youth Populations in Schools. Duncan Gillard, Sarah Cassidy, Owen Cogan, Magda Apapasionok, Kaydee Owen, Ben Sinclair | | Skills Class The Ecological Self - eSAC: Embodying a 'self as context' sufficiently accommodating for addressing the multiple global crises of the unravelling socio-economic world order Martin Wilks, Margo Osorio | | Symposium Innovations in Theory-Based Application of Acceptance and Commitment Therapy Connor McCloskey, Alison Stapleton, Cara Lefroy, Christina Seery | | Symposium Extending contextual understandings of paranoia and mindfulness-based interventions for psychosis: findings from basic and translational research Eric Morris, Jess Kingston, Louise Johns, Lyn Ellett | | |

UK and Republic of Ireland ACBS Chapter Conference

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| Room 1 IOE Jeffrey Hall | Jessica Kingston Using Contextual Behavioural Processes to Enhance life meaning, wellbeing, and trust, inside and outside the clinic. | Skills Class Building Interceptive Awareness as a Foundation of Effective ACT Interventions Jennifer Kemp | COFFEE TEA | Panel Discussion Nurturing ACT therapists and supervisors: what can we learn from supervision? Eric Morris, Sally Bradley, Aisling Leonard-Curtin, Em Perera, Jim Lucas | LUNCH | Risca Soloman Using Contextual Behaviour Science everywhere, all at once: Applying RFT to all levels of an interdisciplinary therapy service. | COFFEE TEA | Skills Class Using metaphor in group settings, within contextual behavioural therapy Sandro Voi, NiklasTörneke | BREAK | Skills Class Swimming with the tide of your emotions: Teaching children to tune into their own cycles with sensitivity and value Sarah Cassidy, Alison Stapleton |
| Room 2 IOE Elvin Hall | | Symposium Digital Interventions curated symposium Alanko, Cupzala, Rawsthorne, Meadows, Chiara, Finucane | | Panel Discussion Bravery and Honesty: How to (or not to) talk around body image issues Selen Ozbek, Francesca Brandolin, Rikke Kjelgaard, Dawn Johnson | | | | Symposium Innovations in ACT curated symposium Whitfield, Rasanan, Kierans, Dowling, Gallego, Brosh, Bradshaw | | Skills Class Functional Analytic Psychotherapy (FAP): A Process-Based Approach using Intense and Curative Therapeutic Relationships to Create Emotional and Interpersonal change. Tien Kuei, Kelsey Wiemer |
| Room 3 IOE Drama Studio | | Symposium Practice and innovation in services for people with Intellectual Disabilities Jonathan Williams, Sam Walker, Mark Oliver, Lauren Pettitt | | Symposium Beyond pain alleviation and into Stigma: Tackling the societal harms of pain using CBS approaches Vasilis Vasilou, Whitney Scott | | | | Symposium Psychological Flexibility Across Contexts: Insights from Acceptance and Commitment Therapy Interventions in the Workplace and Educational Settings Arianna Prudenzi, Yass Rad, Francesca Brandolin, Sari Harenwall, Ross McIntosh | | Symposium CBS and Artificial Intelligence (AI): Research, technology and ethics of modelling RFT in silico Freddy Jackson Brown, Dave Cowell, Ben Cosh, Mark Oliver, Nathan Duran |